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Prayer
Holy Spirit, full of power and love, drive our enemy far from us and give us always the gift of peace; so may it be that, with your grace ever guiding us in this way, we may avoid all that is sinful. Wash clean the sinful soul, rain down Your grace on the parched soul and heal the inured soul. Amen. (VSS & VCS)

Know the Pope
Benedict XVI is proficient in several languages, and can speak German, French, English and Italian fluently. He is an accomplished pianist, and prefers the works of Beethoven and Mozart. He can speak ten languages including Spanish, Portuguese and Latin, as well as those mentioned.

In which chapter is today's Via?
1. Spirit of Truth
▶ 2. Spirit of Fortitude
3. Spirit of Love
4. Spirit of Witness

Trailblazers' preparation for World Youth Day 2008
"Let those prepare their hearts who fear the Lord"
(Sir 2:17)

Scripture
The works of the flesh are plain: immorality, impurity, licentiousness, idolatry, sorcery, enmity, strife, jealousy, anger, selfishness, dissension, party spirit, envy, drunkenness, carousing and the like... But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such there is no law. And those who belong to Christ Jesus have crucified the flesh with its passions and desires. (Gal 5:19-24)

Reflection
The Holy Spirit should guide you through lent. He will lead you to a penitential life, yet full of joy. Good penances are those which put an end to the "works of the flesh," and give start to the fruits of the Spirit. St. Paul does not mean that the body is evil. But our flesh now, ever since Adam's sin, gravitates blindly towards sins, ignoring the noble desires of our soul. Jesus at the resurrection will restore our bodies to our souls, and the saints will have bodies which do not desire sin at all.

Pope Quote
"The Holy Spirit continues today to act with power in the Church, and the fruits of the Spirit are abundant in the measure in which we are ready to open up to this power that makes all things new. For this reason it is important that each one of us know the Spirit, establish a relationship with Him and allow ourselves to be guided by Him."
(M-5)

"Know Yourself"
1. Which bad habit or sin is the one that most hurts my friendship with God?
2. What virtue do I wish to acquire or increase this Lent?

Group Discussion
1. Try to find at least one example of a person, such as a friend, or even a saint, of each of the fruits of the Holy Spirit (cf. "Scripture" passage for today).

5 For week starting February 3, 2008

Some of our pilgrims hiking in Guadalupe, Mexico.



Australia Fact
Since Australia is on the other side of the world, World Youth Day 2008 will be "winter" there. No, that's not a Michigan winter with snow storms! There are six climate zones in Australia, and at worst it will get a bit cool during our visit.

How to use this page
1. If possible, take this page to the Church, and pray before the Tabernacle, where Jesus is truly present in the Eucharist.
2. Start with the "Prayer."
3. Read each of the squares, and meditate:
▪ What do these words mean?
▪ How can these words help me become more like Jesus, the Lord?
4. Finish with the "Know Yourself" section.
5. Take notes! If you have good ideas, you can share them, for example, with your youth group.
! More tips at: www.trailblazerswyd.org/via2008/tips.html